

# CLASS NOTES

Exciting things are happening in the 5th grade! The kids are learning about the upcoming election and the election process. They wrote essays about who they would vote for in the presidential election if they were allowed to vote. Some of the essays were chosen to be printed on menus to be used in various restaurants in Mancelona and Kalkaska! On October 17, the 5th grade students conducted a poll to see which presidential candidate was leading in the 5th grade class. Students tallied the results and the outcome was Barack Obama with 44 votes, and John McCain with 23 votes. Then, they conducted a poll to determine which issue was most important to them. The number one issue was the Economy. Next (in order of importance) were Health Care, the War in Iraq, Education, and Immigration. Our students are learning a lot about the election and along with all the students in Middle School, will be voting for president on Election Day. We'll let you know the results of our Middle School election next month!

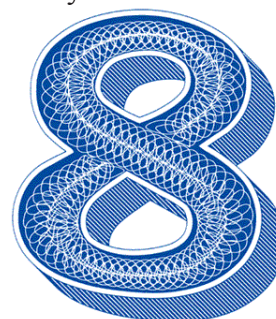


The Sixth Grade classes report that in Language Arts, they have been working on poetry. On October 31, they held a Poetry Circle in the Media Center. As you know, the General Election is coming up on November 4, so this is the perfect time to be studying the election process in Social Studies! Atoms are the topic in Science. Did you know that atoms are the basic building blocks of matter that make up every day objects? A desk, the air, and even you are made up of atoms! The students learned that atoms have three basic parts: protons, neutrons and electrons. In Math, the sixth graders are working on multiplication, and division of decimals. There is a new name on the sixth grade teaching staff, although it isn't a new face! Ms. Walters, as of October 4, is now Mrs. Manning!



The seventh grade is excited to conclude the first marking period. They have been studying the periodic table and matter in science class. Ask them to show you their element trading cards. The students are looking forward to a dance that will be held at the end of October as a fall party. This reward is earned by students with good behavior and strong work ethic in their classes. We would love to see every student work hard in order to attend the next stellar performance in November!

The Mancelona Middle School 8th grade team is proud to host the 3rd annual Mancelona Community Craft Show. This year's event will take place at the Elementary School Nov. 22, from 9 a.m. to 3 p.m. This 8th grade fundraising event includes door prizes, raffle tickets, drawings, food and fun! Many talented new and returning vendors with a wide variety of items for sale will be there. Profits made from the sale of food items will go directly to the 8th grade class to help sponsor field trips and fun events for the students to participate in throughout the school year. Pictures, including family photos, will be taken with Santa Claus. All pictures will be delivered before the holidays. A portion of the profits made from pictures will be donated to the 8th grade class. For more information about selling your wares, please contact Lisa Eschedor at 587-9869 ext 262. Come on out and support your local schools! It's a great place to begin your holiday shopping!



## IRONMEN BEAT



Mancelona Middle School's Monthly Newsletter □ November, 2008

### Principal's Corner

Congratulations to Jordan Scholl, a 5th grade student in Mrs. DiRosa's class! Jordan's suggestion of the "Ironmen Beat" was selected as the name for our school's newsletter! Jordan won a gift certificate to the Pizza Shoppe in Mancelona. We received several great suggestions. Thanks to all who participated!



Great job on the MEAP, students! A very special thanks to all the staff and parents who supported you during this very important testing by providing snacks and encouragement. I am sure you all did your very best!

I'm excited to see a few changes to our new Middle School website! When you get a chance, please take a look at our pages. There is a lot of good information there.

Last but not least, the Middle School welcomes our newest employee, Rebecca McKee, as our new middle school special education teacher!

*Mr. Culver*

### Healthy Food Tips from Chartwells

By Eric Matusik

Hey kids! Want to succeed academically? Research shows that children who attend school hungry often have a lower attention span and are unable to perform tasks as well as their nourished peers. In these cases, the full value of the education provided is lost.

On the other hand, school breakfast participation has been shown to improve test scores, and kids are more alert in class, and have improved classroom behavior. So start the day right—with a Chartwells School Breakfast—and you'll see the results in your report cards!



**DID YOU KNOW**—what you put in your body affects how you look on the outside? Your food choices affect hair, skin, teeth, your posture and more! For shiny and healthy hair and beautiful skin, eat five servings of fruits and vegetables every day! Enjoy blueberries, red grapes, oranges and green beans. Exercise! Stimulate your whole body, get your blood flowing and make yourself glow, just by exercising! Drink plenty of water! It keeps you energized and keeps your skin clear. For strong, white teeth and a good, straight posture, you need a calcium-rich diet that includes dairy foods such as low fat milk, yogurt and cheese. Have three servings a day!

#### **NOVEMBER IS:**

National Apple Month  
National Sandwich Day (November 3)  
Election Day (November 4)  
National Pop Tart Day (November 19)  
(Pop tarts created in 1965)

National Bittersweet Chocolate with Almonds Day (November 7)  
National Teddy Bear Day (November 15)  
National Pencil Day (November 19) - Pencil invented in 1895  
National Traffic Light Day (Nov 20) - traffic light patented in 1923  
World Hello Day - November 21 (say hello to ten people today!)

# You Said It!!!

## The Six Pillars

The six pillars include trustworthiness, respect, responsibility, fairness, caring and citizenship. We asked these kids what these words meant to them, and here's what they said:



**TRUSTWORTHINESS** - "Be reliable so people can count on you. Keeping what a friend says confidential."  
Kayla Moore



**RESPECT** - "Treat others how you want to be treated."  
Cheyenne Manwell



**RESPONSIBILITY** - "Taking care of yourself and doing what you're supposed to do."  
Nick Biehl



**FAIRNESS** - "Listen to your friends. If you are with a friend, and another friend wants to hang out, stay with your original friend."  
Collin Ordway



**CARING** - "Care about something that is important to you. Help people."  
Shelby Beckner



**CITIZENSHIP** - "Helping people in your community. Being nice to people and being an overall good person."  
Kyle Schepperley

## Happy Thanksgiving!



from all the staff at  
Mancelona Middle School

The Middle School Newsletter mailbox is located outside the Middle School Office near the Lunch Money mailbox. Drop your contest entries, story ideas and other tips in the mailbox!!



# Thanksgiving facts

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### Some Facts to Gobble Up On:

- Americans feast on 535 million pounds of turkey on Thanksgiving?
- President Benjamin Franklin wanted the turkey to be our national bird!
- Turkeys can drown if they look up when it is raining!
- President Abraham Lincoln established the original date for our National Thanksgiving Day celebration in 1863.
- President Thomas Jefferson wasn't very excited about a national "Thanksgiving Day."
- The average person consumed 4,500 calories on Thanksgiving Day.
- A turkey's field of vision is 270 degrees - one of the main reasons they can get away from some hunters!

### CONGRATULATIONS SKI VALLEY CHAMPS!



The Mancelona Middle School football program completed another undefeated season with a victory over the Central Lake Trojans to win the Ski Valley Conference on October 14, 2008. "We played tough all year, and the kids never gave up," said

Coach Chuck Short. "We played some hard hitting teams this year, but the hard work paid off. I'm proud of the players and the coaching staff."

### WAY TO GO, 7th & 8th Grade IRONMEN!!!!



The "Caught Red Handed" program begins Nov. 1. Remember to do those good deeds, earn rewards and make a positive difference in your school and community!

# Who Am I???



**MYSTERY PERSON # 1** - "I have three daughters, and their names are Lacey, Abigail and Lydia. My wife and I have been married for nine years. I have traveled to 14 countries and most of the 50 states. My hobbies include skiing, working outdoors, and spending time with my family. I am also very involved with my church in Kalkaska, and occasionally I sing! When I was growing up, I played soccer, and coached a varsity soccer team in Oklahoma after I graduated from college. When I attended Taylor University, I ran track there. Now, I am a teacher in Mancelona. *Who am I????*"

**MYSTERY PERSON # 2** - "I was born and raised in Mancelona, and attended school here from Kindergarten to Graduation. I attended college at Central Michigan University. This is my second year teaching at Mancelona Middle School. My husband and I have a puppy named Koda. We love our little house in the big woods because we enjoy spending time outdoors. I love to hunt for mushrooms in the spring, and deer in the fall. I also spend lots of time gardening and taking Koda for long walks. Some of the other things I do to stay busy is watch lots of football, paint and draw, and snowshoe in the winter. My favorite food is nachos (or anything from Taco Bell!) My favorite music is classic rock, and my favorite holiday is Valentine's Day. Supernanny and Without a Trace are my favorite TV shows. My favorite quote is "art is not what you see, but what you make others see." *Who am I???*"



### Answer to Last Month's Mystery Person

Last month's mystery person was our superintendent, Mr. DiRosa! We put all the correct answers in a box, and drew **Lindsey Friday's** name. Lindsey is in Mrs. Manning's 6th grade class. Congratulations, Lindsey! You won a gift certificate for a free breakfast in the school's cafeteria!

To enter this month's contest, write down on a piece of paper who you think #1 and #2 are above, then drop your answer into the Newsletter Mailbox outside the Middle School Office, no later than November 17. You may win a prize. Good luck!



Mix It Up is a nationwide campaign that we want you to take part in! It's a simple call to action; take a new seat in the cafeteria. By making the move, you can cross the lines of division, meet new people and make new friends. Save the date - Tuesday November 11! Find a new seat in the cafeteria next to someone you don't know, and soon you will have new friends to socialize with!

## MIDDLE SCHOOL CALENDAR

See [mancelonaschools.org](http://mancelonaschools.org) for more sports dates!

### November 3

No School for Students  
Boys Basketball vs Forest Area, Home, 6 pm

### November 4

Beginning of 2nd marking period

### November 10

Boys Basketball vs Bellaire, Home, 6 pm

### November 11

Mix it Up Day! Have lunch with someone new!

### November 13

Student-led Parent Teacher Conferences  
12:30 p.m. - 3:30 p.m. and 5p.m. to 8 p.m.  
At Middle School

### November 20

Girls Basketball vs Forest Area, Home, 6 pm

### November 25

Boys Basketball vs Inland Lakes, Home, 6 pm

### November 25

Girls Basketball vs Inland Lakes, Home, 6 pm

### November 26

Half Day School. Begin Thanksgiving recess.  
School resumes December 1)