

Mancelona Middle and High School Lunch Menu



May 2010
Paid Lunch \$2.00 Reduced Lunch \$0.40
Contact Eric Matusik, Director of Dining Services at 231-587-9764 with Questions or Comments

Station	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
	Chicken Pot Pie w/ Biscuit Topping Seasoned broccoli Fruit Crisp Low Fat Milk Choice	 Balanced Choices Meal: Scalloped Potatoes w/Ham Steamed Green Beans Chilled Peaches Low Fat Milk Choice	Beef Soft Shell Taco w/ Cheese, Lettuce & Tomato Rice & Beans Seasoned Corn Low Fat Milk Choice	 Balanced Choices Meal: Beef Stir Fry White Rice Breadstick Oriental Veggies Fresh Orange Low Fat Milk Choice	 Balanced Choices Meal: Home Baked Meatloaf w/ Gravy Dinner Roll Stewed Tomatoes Seasoned Mixed Vegetables Low Fat Milk Choice
 Hamburgers, Cheeseburgers, Chicken Patty Sandwiches on Whole Wheat Buns Offered Daily	 Mini Corn Dogs Choice of Fruit Low Fat Milk Choice	Double Cheese Burger Baked Wedges Choice of Fruit Low Fat Milk Choice	Cheese Steak Hoagie Choice of Fruit Low Fat Milk Choice	Grilled chicken with Swiss Cheese Sandwich Choice of Fruit Low Fat Milk Choice	Bistro Roast Beef Wrap Choice of Fruit Low Fat Milk Choice
 Plain and Pepperoni Pizza Offered Daily	Cheese Fingers Rip & Dip w/ Tomato Dipping Sauce Tossed Salad Choice of Fruit Low Fat Milk Choice	Cheese Quesadilla Tossed Salad Choice of Fruit Low Fat Milk Choice	BBQ Chicken Pizza Tossed Salad Choice of Fruit Low Fat Milk Choice	Veggie Lover's Pizza Tossed Salad Choice of Fruit Low Fat Milk Choice	Ham, onion, green pepper & mushroom pizza Tossed Salad Choice of Fruit Low Fat Milk Choice
 Deli Bar Offered Daily	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps
 Premium Entrée Salads Offered with Whole Grain Crackers	Deli Chef Salad Yogurt Parfait Breaded Chicken Caesar Salad	Garden Salad w/ Cheese Yogurt Parfait Bacon and Cheese Salad	Crispy Chicken Popper Salad Yogurt Parfait Roast Turkey & bacon Salad	Cobb Salad Yogurt Parfait Breaded Chicken Caesar Salad	Deli Chef Salad Yogurt Parfait Monterey Ranch Chicken Salad

MENU SUBJECT TO CHANGE WITHOUT NOTICE

All Lunches Include: Choice of Entrée, Choice of Two Vegetable/Fruit Side Dishes, and Choice of Milk.
 Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad, Fresh Veggie Sandwich Toppings, and Fresh Fruit
 Low Fat Milk Choices Include: skim white milk, low fat (1%) white, chocolate, and strawberry milk.