

# Mancelona Middle and High School Lunch Menu

**Chartwells**  
Eat • Learn • Live

May 2010  
Paid Lunch \$2.00 Reduced Lunch \$0.40  
Contact Eric Matusik, Director of Dining Services at 231-587-9764 with Questions or Comments

Station	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
	Beef & Bean Chili Warm Biscuit Seasoned Peas & Carrots Fresh Apple Low Fat Milk Choice	<b>Breakfast Bar</b> French Toast Sticks Sausage Links & Scrambled Eggs Tater Tots Low Fat Milk Choice 	<b>Nacho bar</b> Seasoned Beef, Cheese Lettuce, Tomatoes Onions, Olives Salsa Fiesta Rice Mexican Corn Chilled Peaches Low Fat Milk Choice	 <b>Balanced Choices Meal:</b> Baked Pasta w/Cheese Steamed Carrots Garlic Toast Fresh Apples Low Fat Milk Choice	Beef Stuffed Ravioli Garlic Texas Toast Seasoned Green Beans Chilled Fruit Mix Low Fat Milk Choice
<b>THE FRESH GRILLE</b> Hamburgers, Cheeseburgers, Chicken Patty Sandwiches on Whole Wheat Buns Offered Daily	Southern Pit BBQ Pulled Pork Sandwich Choice of Fruit Low Fat milk Choice	Olive & Swiss Burger Choice of Fruit Low Fat Milk Choice	California Cheese steak Wrap Choice of Fruit Low Fat Milk Choice	Buffalo Chicken Wrap Choice of Fruit Low Fat Milk Choice 	 <b>Balanced Choices Meal:</b> Chicken Parmesan Wrap Carrot Sticks w/ Ranch Dressing Fresh Apple Low Fat Milk Choice
 Plain and Pepperoni Pizza Offered Daily	BLT Pizza Tossed Salad Choice of Fruit Low Fat Milk Choice	Chicken & Cheese Quesadilla Tossed Salad Choice of Fruit Low Fat Milk Choice	Pepperoni Wrap Tossed Salad Choice of Fruit Low Fat Milk Choice	<b>IRONMAN PIZZA</b> Pepperoni, Ham, Italian Sausage, Onion, and Green Pepper  "Go Ironmen!!!"	Mexican Pizza Tossed Salad Choice of Fruit Low Fat Milk Choice
 Deli Bar Offered Daily	<b>Daily Offerings:</b> Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	<b>Daily Offerings:</b> Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	<b>Daily Offerings:</b> Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	<b>Daily Offerings:</b> Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	<b>Daily Offerings:</b> Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps
 Premium Entrée Salads Offered with Whole Grain Crackers	Deli Chef Salad Monterey Ranch Chicken Salad	Garden Salad w/ Cheese Catalina Roast Turkey Salad	Crispy Chicken Popper Salad Tomato Brushetta Salad w/ Mozzarella Cheese	Garden Salad w/ Cheese Catalina Roast Turkey Salad	Deli Chef Salad Monterey Ranch Chicken Salad 

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

All Lunches Include: Choice of Entrée, Choice of Two Vegetable/Fruit Side Dishes, and Choice of Milk.  
Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad, Fresh Veggie Sandwich Toppings, and Fresh Fruit  
Low Fat Milk Choices Include: skim white milk, low fat (1%) white, chocolate, and strawberry milk.