

Mancelona Middle and High School Lunch Menu



Chartwells
Eat • Learn • Live

March 2010
Paid Lunch \$2.00 Reduced Lunch \$0.40
Contact Eric Matusik, Director of Dining Services at 231-587-9764 with Questions or Comments

Station	8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday
 <i>Origins</i>	 Balanced Choices Meal: Pasta w/ Italian Meat Sauce Garlic Bread Seasoned Peas & Carrots Chilled Fruit Cocktail Low Fat Milk Choice	 POPCORN CHICKEN BOWL Popcorn Chicken Bites Mashed Potatoes Country Gravy Steamed Corn Cheddar Cheese Chilled Diced Pears Low Fat Milk Choice	Beef Soft Shell Taco w/ Cheese, Lettuce & Tomato Fiesta Rice Seasoned Corn Low Fat Milk Choice	 Balanced Choices Meal: Chicken Stir Fry White Rice Oriental Vegetables Fresh Orange Wedges Fortune Cookie Low Fat Milk Choice	Baked Macaroni & Cheese Casserole Dinner Roll Seasoned Mixed Vegetables Low Fat Milk Choice
THE FRESH GRILLE Hamburgers, Cheeseburgers, Chicken Patty Sandwiches on Whole Wheat Buns Offered Daily	 Whole Grain Chicken Nuggets Baked Crinkled Cut Fries Choice of Fruit Low Fat Milk Choice	 Spicy Chicken Sandwich on Whole Wheat Bun Choice of Fruit Low Fat Milk	Steak & Cheese Hoagie Choice of Fruit Low Fat Milk Choice	Chicken Ranchero Wrap Choice of Fruit Low Fat Milk Choice	Bacon, Ham, & Swiss Burger Choice of Fruit Low Fat Milk Choice
 <i>Trattoria</i> Plain and Pepperoni Pizza Offered Daily	Bacon Cheddar Cheeseburger Pizza Tossed Salad Choice of Fruit Low Fat Milk Choice	Cheese Quesadilla Tossed Salad Choice of Fruit Low Fat Milk Choice	Meat Lover's Pizza Tossed Salad Choice of Fruit Low Fat Milk Choice	Reduced Fat Bosco Stix w/ Pizza Dipping Sauce Choice of Fruit Low Fat Milk Choice	Philly Steak & Cheese Pizza w/ Onions & Green Peppers Tossed Salad Choice of Fruit Low Fat Milk Choice
 <i>Sandwich Central</i> Deli Bar Offered Daily	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps	Daily Offerings: Smoked Turkey Cured Ham Salami American, Colby Jack, Pepper Jack, Provolone, & Swiss Cheese Whole Wheat & White Rolls, Assorted Wraps
 <i>Outtakes</i> Premium Entrée Salads Offered with Whole Grain Crackers	Deli Chef Salad Crispy Chicken Popper Salad	Garden Salad w/ Cheese Yogurt Parfait Breaded Chicken Caesar Salad	Deli Chef Salad Breaded Chicken Caesar Salad	Garden Salad w/ Cheese Yogurt Parfait Breaded Chicken Caesar Salad	Monterey Ranch Chicken Salad Fried chicken salad

MENU SUBJECT TO CHANGE WITHOUT NOTICE

All Lunches Include: Choice of Entrée, Choice of Two Vegetable/Fruit Side Dishes, and Choice of Milk.

Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad, Fresh Veggie Sandwich Toppings, and Fresh Fruit

Low Fat Milk Choices Include: skim white milk, low fat (1%) white, chocolate, and strawberry milk.