

### 9<sup>th</sup> Grade PE Curriculum Map

September	October	November	December	January
Weight room Safety Basic weight lifting techniques Volleyball A.3.PA.1, A.4.HR.2, A.4.HR.7 K.2.HR.8, K.2.FB.1, K.2.PS.2, B.6.SB.1, B.6.ID.2	Soccer  Ultimate Frisbee  B.6.RP.1, B.6.ID.3 M.1.MS.4, M.1.SG.1, K.2.MS.1, A.3.PE.1, B.6.SB.1,	Basketball golf PACER Fitness Testing Badminton K.2.PA.1, K.2.MS.1, K.2.MS.2 , M.1.TG.2, M.1.TG.1, B.6.SB.1, K.2.MS.2, M.1.TG.1, M.1.TG.2 , M.1.NG.1	Pickle Ball  Aerobics  A.3.PE.1, K.2.MS.2, M.1.TG.1, M.1.TG.2, K.2.MS.3, K.2.NG.2, M.1.NG.1	Aerobics  Dance Dance Revolution  A.3.PE.1, K.2.SB.1, M.1.MS.6, M.1.RA.1, K.2.RA.1
February	March	April	May	June
Weight room Safety Basic weight lifting techniques Volleyball  A.3.PA.1, A.4.HR.2, A.4.HR.7 K.2.HR.8, K.2.FB.1, K.2.PS.2, B.6.SB.1, B.6.ID.2	Soccer  Ultimate Frisbee  B.6.RP.1, B.6.ID.3 M.1.MS.4, M.1.SG.1, K.2.MS.1, A.3.PE.1, B.6.SB.1,	Basketball golf  PACER Fitness Testing  Badminton  K.2.PA.1, K.2.MS.1, K.2.MS.2 , M.1.TG.2, M.1.TG.1, B.6.SB.1, K.2.MS.2, M.1.TG.1, M.1.TG.2 , M.1.NG.1	Pickle Ball  Aerobics  A.3.PE.1, K.2.MS.2, M.1.TG.1, M.1.TG.2, K.2.MS.3, K.2.NG.2, M.1.NG.1	Aerobics  Dance Dance Revolution  A.3.PE.1, K.2.SB.1, M.1.MS.6, M.1.RA.1, K.2.RA.1)