

Health Curriculum Map

September	October	November	December	January
<p><i>Health and Wellness</i></p> <p><i>Making Healthy Choices</i></p> <p><i>Taking Responsibility for Your Health</i></p> <p><i>Identifying Health Risks</i></p> <p><i>First Aid</i></p> <p><i>Benchmarks: 5.1, 5.2, 5.3, 5.6, 5.7, 5.8, 5.12,</i></p>	<p><i>Personal Safety</i></p> <p><i>Preventing Violence</i></p> <p><i>Bullying/ Sexual Harassment</i></p> <p><i>How to Stay Safe</i></p> <p><i>Internet Safety</i></p> <p><i>Nutrition</i></p> <p><i>Benchmarks: 3.14, 3.15, 3.16, 3.3, 3.4, 5.12</i></p>	<p><i>Exercise, Rest, And Recreation</i></p> <p><i>Social Emotional Health</i></p> <p><i>Healthy Relationships</i></p> <p><i>Personal Health and Wellness</i></p> <p><i>Infectious Diseases</i></p> <p><i>Benchmarks: 1.1, 1.2, 1.3, 1.4, 1.5, 1.11, 1.12,, 4.1, 4.2, 4.4, 4.12</i></p>	<p><i>Drugs and Alcohol Education</i></p> <p><i>HIV/ STD's</i></p> <p><i>Benchmarks: 2.1, 2.2, 2.3, 2.5, 2.6 2.7</i></p>	<p><i>HIV/ STD's</i></p> <p><i>Reproductive Health</i></p> <p><i>Benchmarks: 7.1, 7.2, 7.3, 7.4,7.5, 7.6, 7.7, 7.8, 7.9, 7.10</i></p>
February	March	April	May	June
<p><i>Health and Wellness</i></p> <p><i>Making Healthy Choices</i></p> <p><i>Taking Responsibility for Your Health</i></p>	<p><i>Personal Safety</i></p> <p><i>Preventing Violence</i></p> <p><i>Bullying/ Sexual Harassment</i></p> <p><i>How to Stay Safe</i></p>	<p><i>Exercise, Rest, And Recreation</i></p> <p><i>Social Emotional Health</i></p> <p><i>Healthy Relationships</i></p>	<p><i>Drugs and Alcohol Education</i></p> <p><i>HIV/ STD's</i></p> <p><i>Benchmarks: 2.1, 2.2, 2.3, 2.5, 2.6 2.7</i></p>	<p><i>HIV/ STD's</i></p> <p><i>Reproductive Health</i></p> <p><i>Benchmarks: 7.1, 7.2, 7.3, 7.4,7.5, 7.6, 7.7, 7.8, 7.9, 7.10</i></p>

<p><i>Identifying Health Risks</i></p> <p><i>First Aid</i></p> <p><i>Benchmarks: 5.1, 5.2, 5.3, 5.6, 5.7, 5.8, 5.12,</i></p>	<p><i>Internet Safety</i></p> <p><i>Nutrition</i></p> <p><i>Benchmarks: 3.14, 3.15, 3.16, 3.3, 3.4, 5.12</i></p>	<p><i>Personal Health and Wellness</i></p> <p><i>Infectious Diseases</i></p> <p><i>Benchmarks: 1.1, 1.2, 1.3, 1.4, 1.5, 1.11, 1.12,, 4.1, 4.2, 4.4, 4.12</i></p>		
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