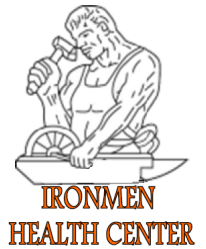


# IRONMEN HEALTH CENTER

A School-Linked Child & Adolescent Health Center in Mancelona  
Physical & Mental Health Services for youth ages 10 through 21 (and their small children)



# All Services are FREE

All Services are FREE, regardless of your insurance status, because the cost of services is based on a sliding fee scale of the student's income. No one is denied services due to inability to pay. The health center bills health insurance policies—Medicaid, MI-Child, Healthy Kids, or private insurance like Blue Cross & Blue Shield of Michigan—if youth have coverage. We also assist uninsured families with MIChild and Healthy Kids applications.

## Hours of Operation

MONDAY	9:30am-12:00pm and 1:00-5:00pm
TUESDAY	8:00am-12:00pm and 1:00-5:00pm
WEDNESDAY	8:00am-12:00pm and 1:00-5:00pm
THURSDAY	8:00am-12:00pm and 1:00-5:00pm
FRIDAY	8:00am-1:00pm

If you have any questions or would like to make an appointment, call us today at **(231) 587-9840 OR 1-800-432-4121**

The Ironmen Health Center is located in the Mancelona Family Resource Center at 205 Grove St.

### Primary Health Care Services

- Physical exams for school, sports and camp
- Treatment for illness and injuries
- Basic laboratory services and tests
- Referral for specialty health services
- Chronic disease management in partnership with health care provider
- Health assessments and risk reduction
- Immunizations
- Vision/hearing screening
- Sexually transmitted infection (STI) prevention, screening and treatment

**Individual, Family & Group Counseling with a Licensed Therapist**



The Health Department of Northwest Michigan is the sponsoring and fiduciary agency for the Ironmen Health Center (IHC). The IHC is a collaboration with Mancelona Public Schools, with major funding from the Michigan Departments of Community Health and Education.

## Top-notch health care services based on youths' ability to pay

Any charge is based on the youths' annual income, which means there may be no charge or a minimal fee. No one is denied services due to an inability to pay. We bill health insurance policies— Medicaid, MI-Child, Healthy Kids, or private insurance like Blue Cross & Blue Shield of Michigan—if youth have coverage. We also assist uninsured families with MiChild and Healthy Kids applications.

### for anyone age 10 through 21--and their children

We offer health care and prevention services to youth in Mancelona and surrounding communities. We also offer information for parents and guardians on nearly any topic they need to parent a teenager in the 21st century. All information is based on research and best practices. Call us or stop by.

### conveniently located in the Mancelona Family Resource Center with appointments and walk-ins year round

We're available for appointments year round when youth need us most. We offer appointments in the morning, during lunch periods, and after school. Walk-ins are welcome anytime during clinic hours. Call the Ironmen Health Center at (231) 587-9840 or Health Department Central Scheduling at (800) 432-4121 to schedule an appointment.

## Meet the Ironmen Health Center staff:



**Joshua Meyerson, MD, MPH**  
**Medical Director**

Dr. Meyerson is a pediatrician and Medical Director at the Health Department. He oversees activities at the IHC and sometimes treats clients.



**Amy Derrer, BSW**  
**School Liaison**

Ms. Derrer works with the school staff and IHC staff to coordinate and link services for students.



**Tammy Hickman, BSN, CPNP**  
**Nurse Practitioner**

Ms. Hickman provides primary care services, including treatment for illness and injuries at the Ironmen Health Center and supervises day-to-day activities at the health center.



**Marcie Grabruck**  
**Family Support Coordinator**

Ms. Grabruck advocates for the health and welfare of families in Mancelona and surrounding communities. She links youth and their families to community resources.



**Roberta Korthase, LLMSW**  
**Mental Health Counselor**

Ms. Korthase is a counselor who is available for individual, family, and group mental health counseling.



**Lori Harvey**  
**Public Health Technician**

Ms. Harvey greets clients, manages the Ironmen Health Center reception desk, and provides application assistance for Medicaid/Healthy Kids and MiChild.

## Primary care with a focus on prevention

Decisions youth make when they are teenagers stay with them the rest of their lives. So we'll spend a lot of time with each of our clients discussing their choices about alcohol and drugs, tobacco, healthy eating, and physical activity.

We offer primary health care services, like treatment for illnesses and injuries, lab tests, and referral to specialty health services. We won't replace youths' doctors. In fact, we're working to make sure every one of our clients has a health care provider outside the Center.



**The Ironmen Health Center staff cannot provide abortion counseling or referrals in accordance with laws in the State of Michigan.**

### A note on parental consent

Parents/Guardians are very important to us! Parents/guardians must provide consent for their minor children for services at the Ironmen Health Center by signing a Parent/Guardian Consent for Medical Services Form. According to Michigan law, the only exceptions are emergencies threatening life or limb, HIV counseling and testing, sexually transmitted infection treatment and for minors age 14 and older—mental health services. People who are age 18 or older, legally emancipated, legally married, under court order, in the presence of a law officer when parents cannot be promptly located and/or members of the U.S. Armed Forces provide consent for themselves.